

The Margaret Eaton School

Physical Training
Demonstration

Central Y.M.C.A.

May Twenty-Fifth, 1927

Programme

PART I.

1. SWEDISH GYMNASTICS
2. WAND EXERCISES
3. ELEMENTARY CLASS FENCING
4. MARCHING TACTICS
5. SWEDISH REMEDIAL EXERCISES
6. CLUB SWINGING EXERCISES
7. APPARATUS WORK

INTERMISSION

Programme

PART II.

8. ENGLISH COUNTRY
AND MORRIS DANCES
LORD BYRON'S JIG
MAID IN THE MOON
CHELSEA REACH
QUEEN'S JIG
THE MAID OF THE MILL
LUMPS OF PLUM PUDDING
9. CHILDREN'S SINGING GAMES
10. CLOG DANCES
WOODEN SOLDIERS
CHARACTER CLOG
TURKEY IN THE STRAW
11. TROIKA (Russlan Slelgh)
12. HUNGARIAN DANCE
GOD SAVE THE KING

The Margaret Eaton School

MARY G. HAMILTON

Director

Two-Year Normal Course in Physical Education

Opening at
Camp Tanamakoon, Algonquin Park
September 3rd, 1927

Continuing in Toronto, October 3rd

Special Classes for Children and Adults in

PHYSICAL TRAINING
DANCING
CORRECTIVE GYMNASTICS
SWIMMING

For further information, apply to the School
415 Yonge St. Telephone Elgin 1735

The Margaret Eaton School

Demonstration of Physical Education

CENTRAL Y.M.C.A.
MAY TWENTY-SECOND, 1928

Programme

PART I

1. Swedish Gymnastics
2. Club Swinging Exercises
3. Marching Tactics
4. Swedish Remedial Exercises
5. Apparatus Work
6. Clog Dances
 - a. Dinah
 - b. Dawning
 - c. Varsity Drag
 - d. Shipping Clog
7. Danish Gymnastics

INTERMISSION

*Order to be
all by right to
also sell.*

Programme

PART II

8. Games
9. English Country and Morris Dances
 - a. Epping Forest ✓
 - b. Nonesuch
 - c. The Boatman
 - d. Leap Frog
 - e. Flowers of Edinburgh
10. Pyramids
11. Chopin Waltz
12. Scarf Dance
13. Loves of Pierrot

GOD SAVE THE KING

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September 4th, 1928

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Demonstration
of
Physical Education

VARSDITY ARENA
MAY TWENTY-SIXTH, 1930

1411

2-2 somersault

2-2 stick jump - Irish Shanty.
- higher.

Programme

2 & 2 - camel.

rocking horse

carrousel

3+3 w. spring, PART I
over 5-5'-7,

1. Swedish Gymnastics

2. Wand Exercises

3. Fundamental Gymnastics

4. Game

(Hit Pin Baseball)

5. Club Swinging Exercises

6. Pyramids and Tumbling

INTERMISSION

alt arm lg fly.

st easy arm fly.

st easy kn hd.

easy arm lg to slide
to alt T twist 4 cts

easy arm fly.

side up forward kn hd

jump

fold out - side

chest lift

swindle

kn st 2 small swing up

jump str kn.

easy arm fly (S)

1-30 T.

easy arm fly

hop arm for back

for up side down

1-30 T.

123 - leap.

Programme

PART II

7. a. Junior Clog Dances

b. Senior Clog Dances

8. Apparatus Work

9. Folk Dances

a. Kanafaska

b. Hansel and Gretel

c. Raz, Dva, Tre

d. Oxdansen

10. The Coquette

11. Gypsy Festival

12. Play Day in Arcady

GOD SAVE THE KING

Brush - & rock horse

Stein Song
Nursery rhymes

leg @ tangle off
ankle sup mt.
clown st.

Czechoslovakian

German

Russian

Swedish

long slow ant
Turn opt
Back & then

*in 1 side first
In four Rn 1 to 4 hops toe touch*

The Margaret Eaton School

MARY G. HAMILTON

Director

*2: far - back T-bd four
Arm fly - 4 up - 4 down*

Two-Year Normal Course in Physical Education

Including Two Months' Training at Camp
Thorough, practical and scientific courses
in all branches of the work

*Ly - curly
Back ly. 2 1/2 lefty in 4 ct
alt arm fly*

Graduates holding positions as
Physical Directors, Swimming
Instructors, Camp Counsellors,
Athletic Coaches and
Medical Gymnasts

For further information apply to the School
415 YONGE STREET, TORONTO
Telephone Elgin 1735



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